

# Hyaluronan in skin wound healing: therapeutic applications

**Abstract:** Hyaluronan is a vital constituent in effective skin wound healing. This polysaccharide is ubiquitous throughout the human body and has functional significance for tissue repair and remodelling. The importance of hyaluronan in the proliferative phase of healing is diverse, impacting on cell migration, proliferation, modification of the inflammatory response and on angiogenesis. As

such, it holds therapeutic potential for a variety of clinical applications that range from facilitating effective wound healing to burns management and scarring. This overview of the multifaceted roles of hyaluronan considers its current applications to clinical practice in plastic surgery as well as the latest advances in research. **Declaration of interest:** The authors have no conflicts of interest.

burns • dressings • hyaluronan • hyaluronic acid • scaffold • scar • wound healing

The process of wound healing can be broadly divided into three phases: inflammation, proliferation and remodelling.<sup>1</sup> Wound healing requires a complex series of reactions and interactions between cells and so-called mediators, and the phases of healing are recognised to overlap considerably.<sup>2</sup> Endothelial cells, fibroblasts, platelets, leucocytes and macrophages interact dynamically with a host of growth factors and cytokines which move, synthesise and modify microscopic components throughout the three phases to bring about restoration of tissue 'normality'. An imbalance of these parameters can result in delayed wound healing, which may manifest as hard-to-heal wounds (for instance, diabetic ulcers) or excessive wound healing which causes fibrosis (such as keloid scarring). Within a cutaneous environment, the glycosaminoglycan hyaluronan (HA), has been shown to play a pivotal role in inducing and maintaining normal skin healing.<sup>3</sup>

HA is found as a viscous gel around the body in all tissues and fluids (Table 1). Aside from skin, which accounts for 50% of total body HA, the molecule is also concentrated in articular joints, eyes, lymph, blood and urine.<sup>4</sup> The highest concentrations of HA are found within skin and cartilaginous joints.<sup>5,6</sup> Within skin, the molecule is predominantly based within the interstitial fluid of dermis, just below the basement membrane and around skin appendages. Furthermore, fetal and young skin have yielded higher HA contents compared to older skin.<sup>7</sup>

The linear polysaccharide is built from disaccharide units of N-acetyl-glucosamine and D-glucuronic acid.<sup>8</sup> Based on its chain length, the molecular weight of HA ranges from  $2 \times 10^5$  to  $1 \times 10^7$  Da.<sup>9</sup> This weight

can significantly affect its biological roles and cellular interactions.<sup>10</sup>

High-molecular-weight (HMW) HA is a relatively bioinert molecule that displays anti-inflammatory responses, maintains a highly hydrated environment and regulates growth factor activity.<sup>11</sup>

Low-molecular-weight (LMW) HA has higher bioactivity and exhibits pro-inflammatory responses.<sup>12</sup> This occurs by clustering and activating receptors, including cluster of differentiation 44 (CD44), toll-like receptor 4 (TLR-4), intercellular adhesion molecule-1 (ICAM-1) and receptor for HA-mediated motility (RHAMM).<sup>13</sup>

Over the last decade, numerous studies have utilised the therapeutic potential of HA by developing scaffolds, hydrogels and dressings that have been tested in a variety of cutaneous environments. This review summarises the latest advances in HA and its applications within the context of skin wound healing.

## Hyaluronan in skin wound healing

HA is synthesised by a group of cell membrane-bound enzymes called HA synthase (HAS). Three subtypes of this enzyme synthesise HA chains of varying lengths called HAS-1,<sup>14</sup> HAS-2<sup>15</sup> and HAS-3.<sup>16</sup> These enzymes synthesise HA on the inner surface of the cell membrane and then dissociate into the extracellular matrix (ECM).<sup>17</sup> Within skin, the half-life of HA is 12–24 hours, and it is primarily degraded by the hyaluronidase enzyme family.<sup>18,19</sup>

HA can bind to a variety of proteins, known as hyaladherins, within the ECM and cell surface. Three cell surface proteins (or HA receptors) have been identified that interact with HA: CD44, ICAM-1 and RHAMM. These receptors are highly expressed in skin and are involved in cell adhesion and migration of fibroblasts, keratinocytes and endothelial cells.<sup>6,20,21</sup>

Throughout cutaneous wound healing, emerging evidence highlights the involvement of HA in each step. This is characterised by its interactions with multiple hyaladherins and changes in the equilibrium between its synthesis and degradation.

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## Inflammation

HA is present in high concentrations during the initial phase of wound healing.<sup>22</sup> Furthermore, increasing literature suggests that its fragments (HMW and LMW HA) regulate cellular and molecular signalling cascades.<sup>23</sup>

At a cellular level, the high concentration and hydrophilic properties of HA facilitate the passive diffusion of water into the interstitial space, resulting in oedema.<sup>24</sup> This promotes the migration of inflammatory cells into the wound, including neutrophils and monocytes, which trigger further pro-inflammatory cascades.<sup>25</sup>

At a molecular level, HMW HA is metabolised from platelets via hyaluronidase-2 activity following a cutaneous injury.<sup>26</sup> These fragments stimulate the extrinsic clotting cascade by binding to tissue factor and fibrinogen.<sup>27</sup> This contributes towards the formation of the initial fibrin plug during inflammation.

HA also acts by stimulating pro-inflammatory cytokines. These include tumour necrosis factor- $\alpha$  (TNF- $\alpha$ ), interleukin-1 $\beta$  (IL-1 $\beta$ ) and IL-8.<sup>28</sup> These molecular signalling molecules promote vasodilation, allowing further cell migration into the wound.

As well as promoting inflammation, HA can express anti-inflammatory capabilities when modulating the inflammatory response. Several studies suggest that this property is facilitated through its interaction with TNF-stimulated-gene-6 (TSG-6) protein.<sup>29</sup> TSG-6 is a hyaladherin that is produced by fibroblasts in response to the increased expression of TNF- $\alpha$  and IL-1. It initially binds to inter-alpha-inhibitor (IaI) to form a TSG-6/IaI complex that is stable in nature. HA then binds to this complex, which facilitates and prolongs anti-inflammatory properties across wound healing and lung models.<sup>30,31</sup> This has been shown to be via a cascade of matrix metalloproteinases and proteinases which brings about the inhibition of plasmin and neutrophil migration.<sup>32</sup>

## Proliferation

The proliferative phase is characterised by fibroblast migration, granulation tissue formation, wound contraction and re-epithelialisation with neovascularisation.<sup>33</sup> The importance of HA throughout the proliferative phase is diverse.

Several *in vitro* studies suggest that HA regulates fibroblast migration via the receptors of CD44, ICAM-1 and RHAMM,<sup>34,35</sup> yet the effect of different HA fragment lengths on this activity remains controversial. David-Raoudi et al. noted that migration was affected by the length of HA in culture media.<sup>3</sup> This contradicts the findings of Ferguson et al. who found that different fragments of HA had little influence on migration.<sup>36</sup> Instead, they found a correlation with its concentration rather than molecular size, whereby lower concentrations inhibited fibroblast migration. It is suspected that this difference lies in the hydration and therefore special properties conferred by higher concentrations of HA.

HA also has a structural role within newly developed

**Table 1. Reported quantities of hyaluronan in human tissue and fluid**

| Soft tissue<br>(nanograms per gram of tissue) |                   | Interstitial fluid<br>(nanograms per millilitre of fluid) |                     |
|---|-------------------|---|---------------------|
| Articular cartilage                           | 500,000–2,500,000 | Synovial fluid  | 2,000,000–3,000,000 |
| Skin*   | 400,000–500,000   | Vitreous humour   | 200,000             |
| Other organs                                  | 1000–100,000      | Aqueous humour  | 1000                |
|   |                   | Lymph fluid   | 100–18,000          |
|   |                   | Breast milk   | 200–800             |
|   |                   | Urine   | 100–300             |
|   |                   | Blood   | 10–100              |
| * mostly confined to dermis                   |                   |   |                     |

granulation tissue. In particular, HMW HA integrates into the gaps between the fibrous scaffolds composed of collagen and elastin.<sup>32</sup> This gives granulation tissue its elasticity and malleability, which allows scar tissue to remain intact, particularly over mobile areas of skin (i.e., joints).

The role of HA in angiogenesis is two-fold in that it has an inhibitory or stimulating function depending on fragment size.<sup>37,38</sup> HMW HA inhibits angiogenesis, whereas LMW HA stimulates it.<sup>32</sup> LMW HA has been shown to promote these angiogenic mechanisms through matrix metalloproteinases (MMPs).<sup>39</sup> MMPs lyse the basement membrane of wounds, allowing new capillaries to sprout from existing ones.<sup>11</sup>

The pro- and anti-angiogenic effects of different HA fragment lengths have been demonstrated in rat skin models of full-thickness skin autograft revascularisation following sub-lethal cryoinjury as well as primary (sutured) and secondary (open) full-thickness skin wounds.<sup>40,41</sup> Comparing the effect of different molecular weights of HA (1–4kDa versus 33kDa) with a control group, Lees et al.<sup>40</sup> demonstrated that LMW fragments increased blood flow and increased vessel growth in the graft, whereas the larger fragments had no such effects. In the absence of injury however, LMW HA had no effect on either blood flow or vessel growth, suggesting that the presence of substrates within active wounds is essential for these LMW HA fragments.

## Remodelling

The re-modelling phase usually commences after approximately three weeks, when an equilibrium is struck between collagen synthesis and degradation within the wound.<sup>42</sup> Furthermore, wound edges contract through fibroblast activity and ECM interactions. Over time, the cells, structures and HA within the wound are degraded, which leaves an avascular, collagenous scar.

Several studies suggest that the level of HA in the papillary dermis may affect the extent of scarring. This includes an *ex vivo* study which showed that normal mature scar tissue held most HA in the papillary

dermis.<sup>43</sup> However, in keloid scar tissue, the glycosaminoglycan was much less prevalent in the papillary dermis and more prominent in the epidermis.<sup>44</sup>

Low HA levels have also been identified in elderly and fetal subjects, which are two patient cohorts known for developing minimal scar tissue.<sup>45</sup> While it is reasonable to postulate that HA levels change with age, Meyer and Stern found the levels and distribution to remain consistent regardless of age but that its activity at different ages may vary.<sup>46</sup> This could be attributed to the level of binding to hyaladherin.

### Application to clinical practice

The therapeutic potential of HA has emerged over the last few years. In addition to its wound healing properties, the polymer yields good biocompatibility and minimal cytotoxicity within soft tissues, regardless of its concentration, when compared to other polymers, including carbomer and sodium alginate.<sup>47,48</sup>

### Wound healing

Several HA-based dressings have emerged over the last decade that can be applied to a variety of acute and hard-to-heal wounds (Table 2). Although they have demonstrated satisfactory outcomes,<sup>49–52</sup> emerging research has focused on combining HA with other biomaterials and growth factors to improve wound healing outcomes.

Scaffolds are micro-/nanoscopic porous networks that can be composed of organic and/or synthetic materials. Within the field of skin healing, methods have been developed to synthesise scaffolds, including decellularisation,<sup>53</sup> electrospinning<sup>54</sup> and freeze-drying.<sup>55</sup> Pig peritoneum is a popular source for decellularised scaffolds.<sup>56</sup> Within bovine *in vivo* models, Wu et al. have incorporated HA into these scaffolds along with the growth factors of basic fibroblast growth factor (bFGF)<sup>57</sup> and epidermal growth factor (EGF).<sup>58</sup> While the HA-based scaffolds were beneficial, the addition of EGF led to significantly faster wound healing rates and greater dermal thickness when compared to bFGF. Similarly, Su et al. demonstrated similar outcomes using the same scaffold with EGF, with healing rates of 70% at 20 days.<sup>53</sup> Although these results are promising, the outcomes have not been measured past 20 days and no comparisons have been drawn against split skin grafts (SSGs) or full-thickness skin grafts (FTSGs).

Electrospinning has also been used to produce HA scaffolds with good tensile strength and to stimulate collagen synthesis.<sup>59</sup> Wang et al. recently incorporated EGF into electrospun HA-polycaprolactone (PCL) scaffolds.<sup>54</sup> While the growth factor improved wound healing compared to controls (healing by secondary intention), scaffolds without EGF yielded slower wound healing rates than the controls. Similarly, Shin et al. found that electrospun HA-poly(lactic-co-glycolic) acid (PLGA) scaffolds incorporated with the pro-angiogenic factor, epigallocatechin-3-O-gallate (EGCG), led to significantly faster wound healing rates in diabetic rats

compared to the scaffold without any growth factors.<sup>60</sup> These outcomes can be attributed to the need for fast vascularisation.<sup>61</sup> This enables nutrients and pro-inflammatory cells to infiltrate and initiate wound healing processes, including collagen deposition. As such, pro-angiogenic growth factors are crucial for HA scaffolds within the context of cutaneous wound healing. Freeze-drying has been employed for the creation of HA–gelatin scaffolds,<sup>55,62</sup> with wound closure of over 75% at 14 days. As such, the method by which HA scaffolds are produced appears independent of its wound-healing benefits and is more reliant on the scaffold adjuncts.

Although the benefits of different growth factors in HA scaffolds have not been directly investigated, Lai et al. demonstrated that the addition of multiple pro-angiogenic factors to collagen–HA scaffolds significantly improves wound closure of hard-to-heal wounds in diabetic rats.<sup>63</sup> Specifically, the combination of bFGF and EGF demonstrated greater wound closure rates, while the combination of these two growth factors with vascular endothelial growth factor (VEGF) and platelet-derived growth factor (PDGF) led to significantly higher rates. While this may suggest that future scaffolds should incorporate a combination of these factors, the benefits of individual factors within an HA scaffold requires further exploration.

While no HA-based scaffolds have been manufactured as dressings for clinical trials, there is emerging evidence that pro-inflammatory adjuncts have similar beneficial effects in human trials as *in vivo* studies. This includes a randomised control trial (RCT) where autologous fibroblast–HA dressings were applied to treat diabetic foot ulcers.<sup>64</sup> The biodegradable dressings accelerated wound healing by 12 days on average when compared to a non-adherent foam dressing (36.4 versus 48.4 days).

### Burns

The main aims of burn scar management centre on dermal preservation and accelerating wound healing, while minimising excessive collagen deposition in scar tissue, thereby reducing the risk of contractures, hypertrophy and keloids.<sup>65</sup> The regulatory activity of HA has led to the development of HA-based dressings, including Hyalomatrix (Anika Therapeutics, Italy), Hyiodine (Contipro, Czech Republic) and Sorelex (Contipro, Czech Republic).

Two double-blinded RCTs with a total of 144 patients assessed the use of HA with silver sulfadiazine dressings in patients with superficial burns.<sup>66,67</sup> Although adverse events were not reported, silver sulfadiazine dressings infiltrated with 0.2% HA cream led to complete burn healing by 8–9 days compared to 13–14 days with a silver sulfadiazine dressing alone. Despite yielding a low risk of selection and attrition bias, a systematic review of both studies concluded that more evidence was required to support the use of HA in treating superficial burns.<sup>68</sup>

Deeper burns have proved to be more difficult to treat with HA dressings. A multicentre retrospective national

survey assessed the efficacy of Hyalomatrix in 57 patients with deep partial and full-thickness burns.<sup>49</sup> This study found that complete wound closure was achieved in 32.7% of patients after 29 days and in 85.7% of patients at 37 days. While this study did not implement a control group, the normal healing time of deep partial-thickness burns has been reported to be between 14–21 days and over 21 days for full-thickness burns.<sup>65</sup>

These results could be attributed to the high risk of infection within deeper burn wounds that could hinder the healing process. As such, several *in vivo* studies are continuing to incorporate antimicrobial agents with HA to improve outcomes with promising results, including zinc oxide,<sup>69</sup> copper oxide<sup>70</sup> and sanguinarine.<sup>71</sup>

Further work should explore the combination of antimicrobials and HA-based dressings to optimise wound healing in deeper burn wounds.

### Hypertrophic and keloid scarring

Hypertrophic and keloid scarring occur when pro-inflammatory signalling persists within a wound and cannot be countered by sufficient anti-inflammatory signalling, leading to fibrosis. This signalling imbalance is also present in patients with scleroderma, where the pro-inflammatory properties of LMW HA are believed

to impede wound healing.<sup>72</sup> As such, the anti-inflammatory properties of HMW HA give it potential as a therapeutic agent. HMW HA treatment has been shown to reduce fibroblast hyper-proliferation and collagen production, which reflects reduced fibrosis.<sup>73</sup>

While promising, no subsequent studies have evaluated the effects of HMW HA on keloid scarring *in vivo* and in clinical trials due to the benign nature of established scar tissue. As such, there has been a recent shift towards targeting the upstream regulators of HMW HA expression. This includes HAS-2, which has been shown to be over-expressed in keloid keratinocytes.<sup>74</sup> Inhibition of this enzyme has been achieved by 4-methylumbelliferone and reduced TGF- $\beta$ 1 activity,<sup>75</sup> both of which may reduce keloid keratinocyte migration and activity.

Several *in vitro* studies have explored the interaction between HA and fetal fibroblasts to understand the physiology behind scar-free fetal wound healing. Mast et al. observed that fetal fibroblasts exposed to HA exhibited reduced fibroblast proliferation while maintaining collagen synthesis stimulation when compared to adult fibroblasts.<sup>76</sup> This may result in adequate collagen deposition with minimal inflammation, which is characteristic of scar-free wounds.<sup>77</sup> This response could be attributed to higher

**Table 2. The properties and applications of current Hyaluronan-based dressings**

| Dressing name | Manufacturer              | Hyaluronan component  | Adjunct           | Useful properties   | Suitable wound depth | Suitable wound exudate | Applications   |
|---------------|---------------------------|-----------------------|-------------------|---|----------------------|------------------------|--|
| Hyalosafe®    | Anika Therapeutics, Italy | HYAFF*                | None              | <ul style="list-style-type: none"> <li>● Transparent dressing</li> </ul>  | Superficial          | Moderate               | <ul style="list-style-type: none"> <li>● Donor sites</li> <li>● First and second degree burns</li> </ul>   |
| Hyalogran®    | Anika Therapeutics, Italy | HYAFF*                | Sodium alginate   | <ul style="list-style-type: none"> <li>● Moulds to the wound</li> <li>● Eases removal of necrotic tissue</li> </ul>                         | Deep                 | High                   | <ul style="list-style-type: none"> <li>● Leg ulcers</li> <li>● Pressure ulcers</li> <li>● Ischaemic wounds</li> <li>● Diabetic wounds</li> </ul>                                       |
| Hyalomatrix®  | Anika Therapeutics, Italy | Hyaluronan derivative | Silicone membrane | <ul style="list-style-type: none"> <li>● Biodegradable inner layer</li> <li>● Facilitates cellular invasion and capillary growth</li> </ul> | Superficial and deep | Low and high           | <ul style="list-style-type: none"> <li>● Second degree burns</li> <li>● Trauma wounds</li> <li>● Venous leg ulcers</li> <li>● Pressure ulcers</li> </ul>                               |
| Hyalofill®    | Anika Therapeutics, Italy | HYAFF*                | None              | <ul style="list-style-type: none"> <li>● Different shapes available for specific wound types</li> </ul>                                     | Deep                 | High                   | <ul style="list-style-type: none"> <li>● Sinuses and fistulae</li> <li>● Venous leg ulcers</li> <li>● Pressure ulcers</li> <li>● Traumatic wounds</li> </ul>                           |
| Hylodine®     | Contipro, Czech Republic  | Hyaluronan            | Iodine            | <ul style="list-style-type: none"> <li>● Antimicrobial effect</li> </ul>  | Deep                 | High                   | <ul style="list-style-type: none"> <li>● Infected wounds</li> <li>● Diabetic wounds</li> <li>● Sinuses and fistulae</li> <li>● Venous leg ulcers</li> <li>● Pressure ulcers</li> </ul> |
| Sorex®        | Contipro, Czech Republic  | Hyaluronan            | Octenidine        | <ul style="list-style-type: none"> <li>● Antimicrobial effect</li> </ul>  | Superficial          | High                   | <ul style="list-style-type: none"> <li>● Venous leg ulcers</li> <li>● Diabetic wounds</li> <li>● Donor sites</li> </ul>  |

\*A total benzyl ester of hyaluronan

concentrations of the CD44 receptor that are found on fetal fibroblasts compared to adult fibroblasts.<sup>78</sup> Therefore, the greater expression of CD44 receptors may allow greater uptake of HA and reduce scarring. Conversely, Shatirishvili et al. demonstrated that the inhibition of CD44 receptors reduced epidermal thickening and stiffness within normal mice.<sup>79</sup> As such, an anti-CD44 antibody may attenuate the activity of keloid keratinocytes.<sup>80</sup> Further work is required to evaluate the effects of regulating HA receptors on keloid scarring.

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## Conclusion

The diverse roles of HA within cutaneous tissues gives it significant potential for treating many pathologies surrounding skin wound healing. While being a well-established agent within cosmesis and hard-to-heal wound healing, further work is required to unearth its potential when combined with pro-angiogenic adjuncts, such as growth factors and antimicrobial molecules. This will ultimately allow hostile wound environments of diabetic ulcers and deep burns to heal at accelerated rates and optimise clinical outcomes. **JWC**

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## Reflective questions

- Should hyaluronan (HA)-based scaffolds be used as routine dressings for acute and hard-to-heal wounds?
- Could the individual properties of high and low molecular weight HAs be used to promote or limit the rate of skin wound healing?
- Should HA-based agents be used in current day-to-day practice to promote skin wound healing?

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