

## Understanding the impact of wound odour

It is not uncommon for many types wounds to produce an odour, causing patients feelings of distress, social isolation, depression and revulsion.

### Emotional toll

Patients may experience feelings of sadness, frustration and helplessness, impacting mental well-being and self-esteem.

### Social impact

Wound odour can cause patients to avoid social situations or public places to prevent others from noticing the smell.

### Loss of appetite

Many patients report nausea and a loss of appetite due to unpleasant wound odour. This can have an effect on their physical health and well-being.

### Caregiver burden

Wound odour can be overwhelming for caregivers, causing distress and discomfort, increasing the stress associated with providing care.

“I would get sad at times and I would go to the bathroom and cry, between putting up with the smell and everything ... but then I'd get over it... and say 'you're not in the hospital, come on, you're alright' and I'd get on with [what] had to be done.”<sup>(1)</sup>



## Anti-odour dressing for malodorous wounds

Developed in collaboration with healthcare professionals, Cinesteam® is a non-adhesive, **secondary dressing** which **eliminates unpleasant odour**.

Cinesteam releases the **natural fragrance of cinnamon**, designed not only to help manage wound odour, but also to offer a sense of **comfort and security to patients**.

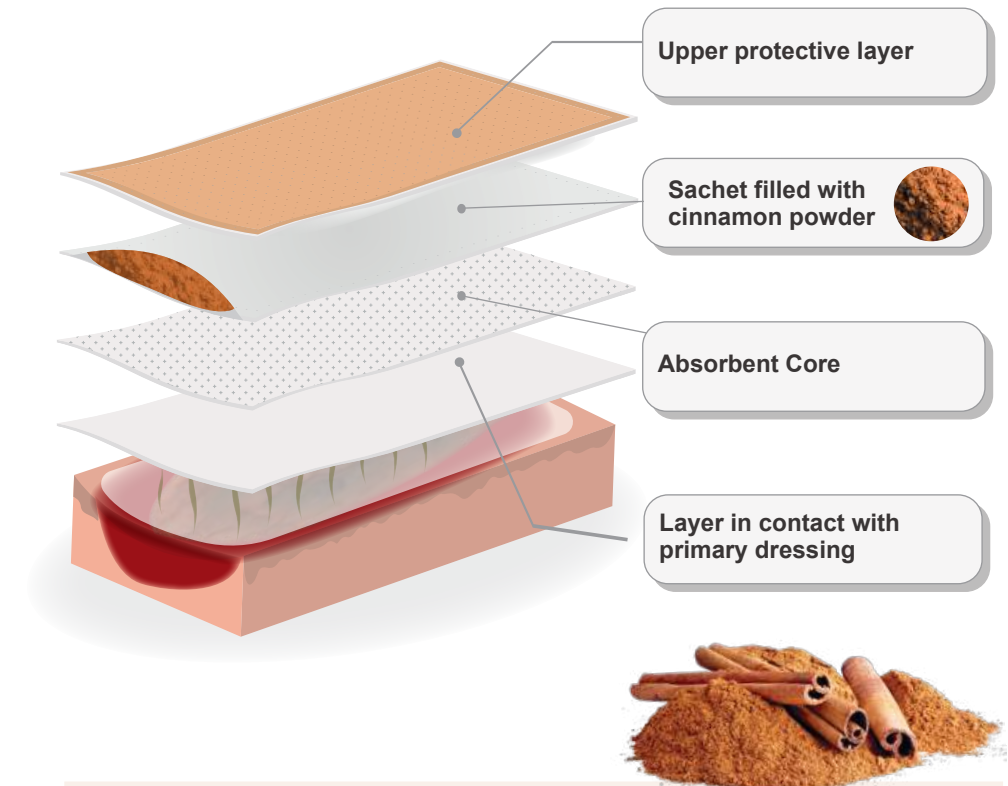
- 1 Effectively controls wound odour from the first application
- 2 Releases a pleasant cinnamon fragrance
- 3 Improves well-being



“My patient has found the use of Cinesteam **life changing**. She is now **able to eat** due to elimination of odour, **is able to go out with her husband with confidence** and her quality of life has improved.”

- Donna Todd, Tissue Viability Development Nurse

## Cinesteam innovative anti-odour technology



9 Clinicians rated Cinesteam odour control properties as 'very good'.

1 Clinicians rated Cinesteam odour control properties as 'good'.

(2)

(1) Gethin et al. 'Resigning oneself to a life of wound-related odour – A thematic analysis of patient experiences', Journal of Tissue Viability 32 (2023) 460–464

(2) Cinesteam® Dressing: An Innovative Approach to Wound Odour Control, Keith Moore, Clinical Nurse Specialist Tissue Viability, Bridgewater Tissue Viability Team Lead, Bridgewater Community Healthcare NHS Foundation Trust, Wounds UK 2023.

## How to apply

- 1 As part of a holistic assessment, ask the patient and any family how they are being affected by wound odour.
- 2 Select a suitable primary dressing dependent on wound bed conditions.
- 3 Open and remove Cinesteam from its pouch.
- 4 Apply the white face of Cinesteam on top of the primary dressing so that it covers it entirely.
- 5 Secure Cinesteam in place using adhesive tape or a retaining bandage.



## How to order

Dressing Size	Pack Size	MPC
11cm x 19cm	Box of 12	112010

**Indications:** Cinesteam is a secondary dressing indicated for the management of malodorous wounds.

**Contraindications:** Cinesteam should not be used on patients with known sensitivity to any of its components, in particular cinnamon.

## Read our latest clinical evidence

Cinesteam has been shown to help reduce wound odour from the first application.<sup>(3)</sup>

Read our latest clinical evidence to see how Cinesteam has improved patient well-being. **Scan here:**



<sup>(3)</sup> 'Efficacy of a new novel cinnamon odor control dressing' in Managing Malodor in Malignant Wounds: A Case Series', Chausa Weitman Cernica, Wound Care Specialist, Hadassah Hebrew University Medical Center, EWMA 2023.

Cinesteam® is a registered trademark of CEMAG Care.



**Cinesteam®**  
Heal Self Esteem